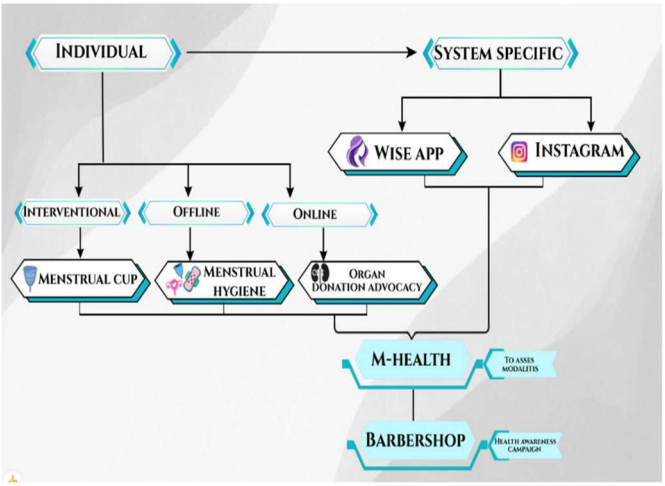
A passionate journey to 'INK' the name of VIMS in the book of Confluence 2025

Excitement filled the hall upon the announcement of Confluence 2025, an annual international medical and research conference hosted by Seth G. S. Medical College and KEM Hospital, Mumbai. For a group of 12 students from our college were eagerly looking forward to competing in their Symposium Competition.

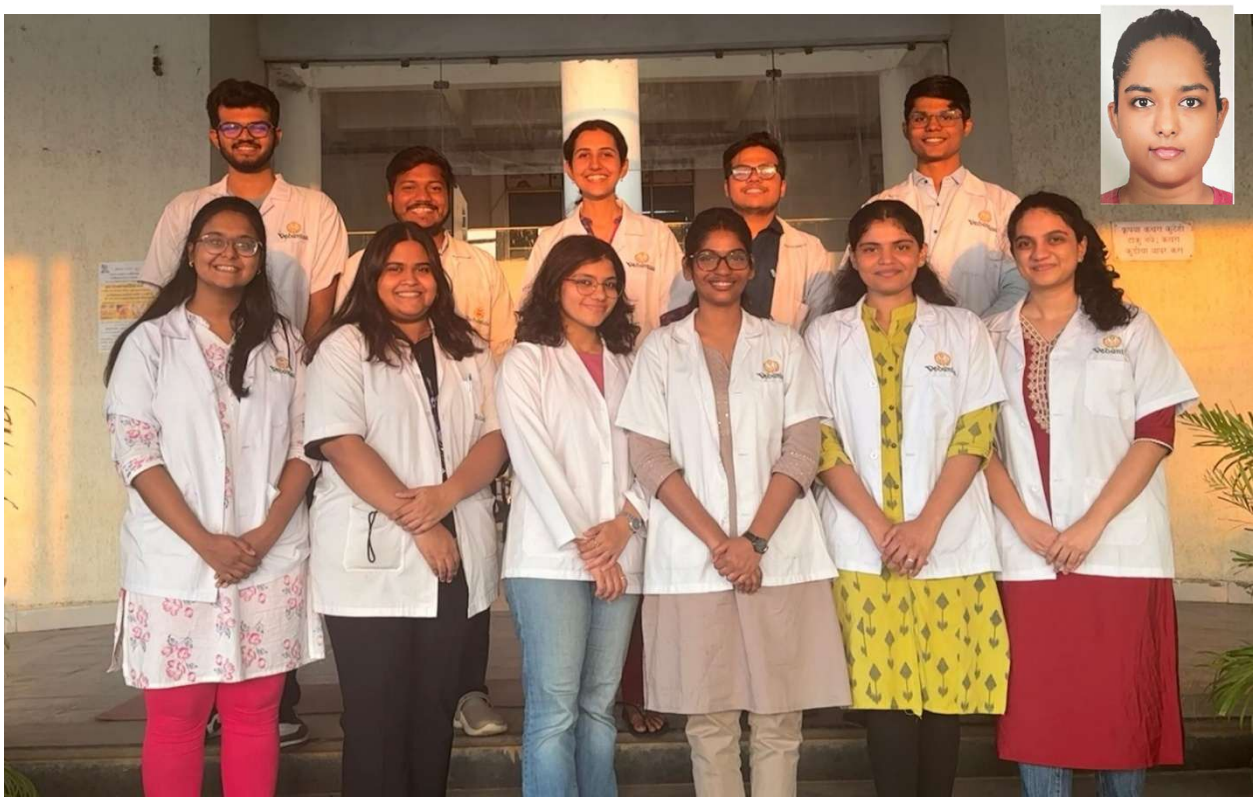
Upon their enthusiastic response to the call, something surprised us - "The organizers had never heard about Vedantaa".
This seemingly simple remark left a deep impact on the students of Vedantaa Institute of Medical Sciences (VIMS), inspiring them to rise to the challenge and show the medical community what VIMS students are truly capable of.



A project titled "आरोग्याय (Ārogyāya) - A Multifaceted Approach Toward Creating Health Awareness in the General Population with Special Outreach to Tribal Communities" was conceptualized, and a team of twelve medical students began preparing for the symposium. The objective of the project was to develop various modules and implement them within the community to promote health awareness among the general population.

Among the many abstracts submitted to Confluence 2025, only six were selected—and VIMS was one of them.

This marked the team's first major milestone. However, the students did not stop there. United by the vision to "INK" our institution's name in Confluence 2025, they continued their journey with renewed determination. Under the guidance of experienced VIMS faculty members, the following twelve students dedicated themselves to creating a 20-minute video and a comprehensive write-up showcasing their research work.



Upper row (Left to right): Neel Patil, Suyash Tarale, Zeenia Mistry, Gulshan Sharma, Mayuresh Patil
Lower row (Left to right): Vaishnavi Sankhe, Rhuta Mankame, Anjali Zare, Kritika Patil, Divya Gaikwad, Mardavi Deshpande
Inset: Ruchika Mirashe



Finally, the long-awaited day of the competition dawned-13th November 2025. At 4:00 am, before another soul on our campus had awoken, our team headed to the station and boarded Mumbai's lifeline — it's local train — bound for Dadar and onward to Seth G.S. Medical College and KEM Hospital, Parel.

The icy wind lashed against their faces, and the long hours they had spent burning the midnight oil still clung to their eyes — yet none of it dimmed their spirit. With adrenaline outpacing exhaustion, our team stepped onto the campus as the very first one to arrive — an entire hour before the next team even set foot on it.



With unwavering confidence, each student stepped forward and delivered a compelling presentation—captivating the audience, the five other competing colleges, and the judges alike.

And then came the RESULTS—after countless days and nights of hard work, the team awaited the outcome.

One of our students, **Ms. Zeenia Z. Mistry**, was honored with the 'Best Speaker' award and received widespread appreciation for her outstanding presentation.





All the students were overwhelmed with pride, knowing they had successfully 'INKED' the name of our institution in the book of Confluence 2025.

Filled with delight, the students returned to campus, not only receiving praise from Dean Ma'am, Dr. Daksha Amonkar and the faculty but also inspiring many Vedantaa medical students, showing them the path to success.



Be rest assured, this is just the beginning! The beginning of a long journey toward firmly cementing our place within the medical fraternity